

## Report to Didcot Town Council

### Together, we can provide a respite lifeline

Revitalise would like to give a huge thank you to Didcot Town Council for your extremely generous gift of £500 in November 2018 which helped us subsidise 2 essential respite breaks for disabled people and their carers from Didcot. The support we have received from the town council over the years has been hugely appreciated.

*"Revitalise has 100% made a difference to our lives."*

### The impact of your grant – activities and achievements

Our guests supported by your donation include a 43 year old female with spina bifida who is booked in to take her break in June 2019. She will enjoy our 'Best of TV & Film' themed week at our Netley Waterside Centre in Southampton. A 72 year old female with muscular dystrophy will enjoy a 'Historic Hampshire' themed week in June of this year at our Netley Centre. Our guests from Didcot will be given the opportunity to recharge, relax and recuperate away from the challenges and stresses of their everyday lives. Your grant covered the cost of essential provisions such as care staff and nurses, meals and catering and centre maintenance costs for 2 guests.



With your support Didcot guests will benefit from 24 hour nurse led-care in a holiday environment, volunteer support and a choice of day trips and centre based activities and entertainment. Without Revitalise and the option of a reassuring, stress free break, for many of our guests a holiday would simply be out of reach. Carers and family members also benefit from our services. They can enjoy much needed respite at home or a break of their own while their loved ones are at Revitalise.

We have all the necessary equipment at our accessible holiday centres that many of our guests require including hoists and profiling beds, without it they may not be able to take a break at all. All our centres are registered with Care Quality Commission and are led by a General Manager and a Head of Nursing who have many years' experience and are supported by our nursing team who provide high levels of bespoke care.



Our guests from Didcot benefitted from the socially enabling atmosphere of Revitalise breaks. We are lucky enough to be supported by the largest residential volunteer programme of any UK charity who provide social support and help create the warm welcoming atmosphere we pride ourselves on. So often guests tell us what makes their breaks so special are the friendships they make and the memories they create.

## What your support means

Everybody needs a break, yet for many disabled people and their carers this can seem impossible. There are many barriers that disabled people and carers face including accessibility and financial issues. Many people care for loved ones and this role can leave them exhausted. A break from this is vital to help improve wellbeing and restore family relationships. We rely on the generosity and support of organisations such as Didcot Town Council to help us to continue to provide our valuable service. We could not do this without you.

*"If it weren't for Revitalise, there would be no other option for us to take a holiday. It was a godsend; it charged our batteries as we were desperate for a break away, on our return we felt we had been given a new lease of life."*

**Thank you to Didcot Town Council for your wonderful support**

